

All programs are subject to change.
Please check daily recreational board.
1st Floor

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! Simon W (6th) - October 1 Gwen K (3rd) - October 7 Agnes R (2nd) - October 10	Angela B (6th) - October 10 Pam H (3rd) - October 25 Barbara R (1st) - October 27				1 1:30 Bocce - DR 3:00 What's for October? - V	2 10:30 "Windless Bagpipes" 2F Dining 3:00 Gentle Connection - AL
3 10:00 Active Moving - DR 3:00 Gentle Connection	4 10:00 Active Moving - DR 11:00 Word games 1:30 Bowling - DR 3:00 Gentle Connection - AL	5 10:00 Active Moving - DR 11:00 Reminiscing 1:30 Balloon tennis - DR 3:00 Stencil painting - AL	6 10:00 Active Moving - DR 11:00 Trivia 1:30 Resident Meeting - 3FB 2:00 Helping Hands	7 10:00 Active Moving - DR 11:00 Word games 1:30 Funnel floor game - DR 3:00 Gentle Connection - AL	8 10:00 Active Moving - DR 12:00 Thanksgiving Lunch Dining Room 3:00 Reflections - DR	9 3:00 Friendly Visit - V
10	11 10:00 Active Moving - DR 11:00 Word games 1:30 Bowling - DR 3:00 Gentle Connection - AL	12 10:00 Active Moving - DR 11:00 Trivia 1:30 Balloon tennis - DR 3:00 Gentle Connection - AL	13 10:00 Book Collection 1:30 Bean Bag toss - DR 3:00 Library Afternoon 3rd Floor Bistro	14 10:00 Active Moving - DR 11:00 Word games 1:30 Funnel floor game - DR 3:00 Gentle Connection - AL	15 11:00 Balloon Volleyball - DR 3:00 Happy Hour	16 3:00 Gentle Connection - AL
17 10:00 Active Moving - DR 3:00 Gentle Connection - AL	18 10:00 Active Moving - DR 11:00 Word games 1:30 Bowling - DR 3:00 Gentle Connection - AL	19 10:00 Active Moving - DR 11:00 Trivia 1:30 BOO-rthday Tea Social - 3FB	20 10:00 Active Moving - DR 11:00 Trivia 1:30 Bean Bag toss - DR 3:00 Gentle Connection - AL	21 10:00 Active Moving - DR 11:00 Word games 1:30 Funnel floor game - DR 3:00 Gentle Connection - AL	22 11:00 Hockey - DR 3:00 Happy Hour	23 3:00 Gentle Connection - AL
24 10:00 Active Moving - DR 3:00 Gentle Connection - AL	25 10:00 Active Moving - DR 11:00 Word games 1:30 Bowling - DR 3:00 Gentle Connection - AL	26 10:00 Active Moving - DR 11:00 Trivia 1:30 Balloon tennis - DR 3:00 Gentle Connection - AL	27 10:00 Active Moving - DR 11:00 trivia 1:30 Bean Bag toss - DR 3:00 Gentle Connection - AL	28 10:00 Active Moving - DR 11:00 Word games 1:30 Funnel floor game - DR 3:00 Gentle Connection - AL	29 10:00 Halloween Costumes 11:00 Resident Parade 2:30 Staff Halloween Parade	30 11:00 Gentle Connection - AL 3:00 Friendly Visit - V
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3FB - Third Floor Bistro

AL - Activity Lounge

DR - Dining Room

V - Varied 1-1